



IRSJA NEWSLETTER

December 2023

Inter-Regional Society of Jungian analysts

"All life is interrelated. We're tied in a single garment of destiny, caught in an inescapable network of mutuality."

--Dr. Martin Luther King, Jr., 1961 Contents include:

*Upcoming Meetings

*Contributions

*Announcements, Publications

* In Memoriam

* Membership Corner

* EC Corner

*List of Officers, Board, Committees, Seminars

UPCOMING IRSJA MEETINGS

Please mark your calendars for our upcoming IRJSA Meetings to connect with friends and colleagues.

SAVE THESE DATES! SPRING 2024

April 17 to April 21, 2024 Santa Fe, New Mexico We are returning to the Drury Plaza Hotel in downtown Santa Fe. The room rate is \$153.00.

FALL 2024 Invitational Conference October 16 to 20, 2024 Minneapolis, Minnesota Hilton Minneapolis-St. Paul Airport The room rate is \$149.00 + tax. This Spring, prepare for our return to the "Land of Enchantment" ... Santa Fe, New Mexico...



CONTRIBUTIONS, ANNOUNCEMENTS, PUBLICATIONS, etc.

From Mary Wells Barron:



The presentation by Mary Wells Barron, *The Rubedo of Beauty and Grief*, first given at the Fall IRSJA 2022 Meeting in St. Louis, is being published in the Fall issue 2023 of the JUNG IOURNAL: CULTURE & PSYCHE.



From Carolyn Bates, on behalf of the Journal of Analytical Psychology:

The Editors of the Journal of Analytical Psychology warmly invite you to the Journal's 2024
International Conference

International Conference 2024

11 - 14 April 2024 University of Essex, Colchester UK

CROSSING BORDERS:

Clinical, Theoretical, Cultural and Political Implications in our Changing World



For information and registration, please visit:

<u>The Journal of Analytical Psychology - Conferences</u>

(thejap.org)



Gus Cwik shares some of his latest lyrics:

Performed by Dr. Gus Open Mic 10/19/23

(The Song)

I'm so in love with my zoom,
No buses, no trains, no automobiles,
Can you 'magine how it feels,
To be in your room and yawn, turn your computer on,
This is ground control to Major Tom!

What happened to the sound?
Can you hear me now? Can you hear me now?
Is that your baby, it's gettin' a lil'crazy?

So please – Beam me up, Scottie!

(The Rap)

Mediation with pixelization no chance for fornication,

Use your Internet, increase your bandwidth, don't be a nit wit you dim wit,

We're all just misfits tryin' and survivin' this virus,

But we don't use papyrus anymore, so open up your iris,

Don't say you can't, don't give me that old rant,

The only question worth asking is:

Are you wearing pants?

There's so much resistance to our new existence,

Such reticence and hesitance to stay so confined to our residence,

But you know what, the opposite of presence is not distance—it's absence.

I know it helps keep you from frayin', disintegratin', agitatin',

And it sure helps me that you keep on payin',

But your lips move and I can't hear what you're sayin'.

Skype, Zoom, Facetime who says there's no face-to-face time,

(OK, wait...just give me a line to whine, this rap is really — taxing-my-mind-to-find-so-many-fucking-rhymes.)

Ontological insecurity, we lost our original purity,

Isn't it a pity that it all turned out so pretty shitty,

So, open that technological door,

Your body still keeps the score,

Don't just be an in-person whore,

Boldly go where no analyst has gone before.

(Outro)

Well doc, I've never really told anybody this,

I'm afraid of what you'll think,

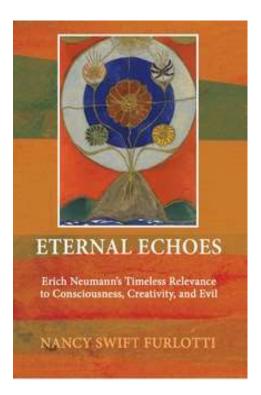
Not sure what'll be the cost,

But here goes...

Weak signal - Connection lost



A New Book from Nancy Swift Furlotti, nfurlotti@mac.com



Erich Neumann (1905-1960) was a student, close collaborator and life-long friend of C. G. Jung's. Moving from Berlin to Palestine in 1934 he endured WW11 in his new land. Saddled with questions and intense feelings he began his profound research into topics that would occupy his attention for the rest of his life. These would also challenge Jung's thinking in many ways. His writings are still valuable and pertinent for our understanding of human nature that has resulted in "the eruption of the shadow and psychic chaos in today's world." (Jerome Bernstein)

Eternal Echoes offers the reader an overview of Neumann's opus, which is large and multifaceted. Beginning with an introduction of Erich Neumann, including a series of his active imagination watercolors, we see an intimate view into this "Great Man's" internal process. The Jung-Neumann Correspondence explores their relationship over decades, including discussions on evil. The work Neumann focused on during the war resulted in his exploration of his own Roots of Jewish Consciousness, both Revelation and Apocalypse, and Hasidism.

From there his work moves into his exceptional and iconic books, *The Origins and History of Consciousness*, and *The Great Mother* and two papers "Mass Man and the

Phenomena of Recollectivation" and "Narcissism". Later Neumann returned to the feminine in *Amor and Psyche: The Development of the Feminine*.

Creativity, its nature and source, was a life-long interest, which began with his important early paper on "Mystical Man" and then continued in *Creative Man, Art and the Creative Unconscious*, and *The Place of Creation*.

Neumann's works lead us back to our ground of being, where we live with opposites that are fiercely alive, impacting our lives and cultures. His writings are comprehensive, clear and steeped in deeply felt experiences that help to place us on firm ground. Since many of his themes and concepts are universal—beginning with archetypes, myths, and images—this book is not only pertinent to Jungian psychotherapists but anyone interested in understanding the profundity of human nature and its development.

Purchase Eternal Echoes here: https://www.amazon.com/Eternal-Echoes.../dp/B0CJP2MSBX/... www.chironpublications.com



From Jeanne Lacourt:

KEEP AN EYE OUT!



Have you published an article, a book, piece of prose, or a poem related to Jungian theory and/or practice? We want to know! We are creating a list of published works by our very own IRSJA members! In addition, we are updating the IRSJA reading list. We seek your suggestions for articles, books, websites, podcasts, YouTube videos, and any other resources you consult.

This could also include listservs, films, and journals. An email will be coming soon seeking your suggestions. Keep an eye out!



The latest from John White:



John R. White

ADAPTATION AND PSYCHOTHERAPY

Langs and Analytical Psychology



Adaption and Psychotherapy gives a concentrated but complete picture of Robert Langs's adaptive clinical theory, and also expands Langs's treatment of adaptation by examining Carl Jung's theory of adaptation. This book articulates Jung's positive and clinical understanding of adaptation in a way that allows comparison to Langs's adaptive paradigm as well as a creative synthesis of the two approaches. The result is a development of Langs's adaptive paradigm and an expansion of clinical theory and technique that is valuable for both Freudian and Jungian analysts.





Psychedelics and Individuation:
Conversations with Jungian Analysts
A Joint IAAP and Pacifica Graduate Institute
Winter Conference | Hosted on campus at Pacifica
Graduate Institute,
801 Ladera Lane, Santa Barbara, CA
December 15th - 17th, 2023

From Renée Cunningham: Psychedelics are rapidly becoming an adjunct to psychotherapy, and yet, there is little research and writing being conducted on the shadow side of the use of these powerful substances.

Safety and containment are paramount, as well as an understanding of psyche. Psychoanalysts can play a powerful and critical role in the treatment of patients utilizing these substances. Please attend the *attached conference* for protocols on the use of psychedelics being conducted through Pacifica Graduate Institute.

The link: https://retreat.pacifica.edu/individuation-and-psychedelics/

Renée Moreau Cunningham, MFT Licensed Marriage & Family Therapist Jungian Psychoanalyst

Praxis:

9590 E. Ironwood Square Drive Suite 220 Scottsdale, AZ 85258 602.326.3921

website: reneecunningham.net

Author Link: https://www.amazon.com/s?k=Renee+M+Cunningham&ref=nb_sb_nos

Christina Becker adds the following regarding this conference:

Following the soon to be published *Psychedelics and Individuation: Essays by Jungian Analysts,* the editors Leslie Stein and Lionel Corbett have organized a conference in December on this important subject to Jungian practice.

Psychedelics are increasingly being proposed for the treatment of a variety of psychological pathologies. However, guidelines for their use are not yet settled and their place in psychotherapy and psychoanalysis is unclear. This conference will bring together Jungian Analysts and scholars from around the world to engage in conversations on the possibilities, potential and cautionary considerations regarding the use of psychedelics in Jungian Psychoanalysis.

From Eve Maram:

A newly released podcast and upcoming lecture, announcements courtesy Chiron Publications, Inc.:



Listen to Eve Maram on the ATTMind Podcast with James Jesso

The Schizophrenia Complex And The Turbulent Waters Of The Unconscious Mind

Listen to Podcast

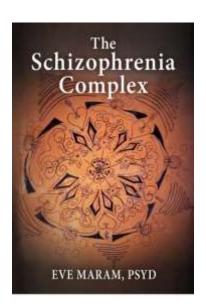
Link to video: https://youtu.be/9LQBBsrBUSw

Lecture Sponsored by the Jung Foundation of Ontario

The Schizophrenia Complex

Presented by Author Dr. Eve Maram clinical and forensic psychologist, certified Jungian Analyst Friday, January 19 7-9pm Online via ZOOM

Register for Eve Maram Lecture



Purchase the Book, The Schizophrenia Complex

The latest from Mark Winborn:

- Mark Winborn was interviewed by Dr. Vanessa Sinclair for her podcast "Rendering Unconscious." Vanessa is a psychoanalyst and artist based in Sweden who is trained in both Freudian and Lacanian perspectives. The interview focuses primarily on his most recent book, "Jungian Psychoanalysis: A Contemporary Introduction" published by Routledge in August as part of their series "Contemporary Introductions to Psychoanalysis" edited by Aner Govrin of Israel.
 https://www.renderingunconscious.org/psychoanalysis/ru267-mark-winborn-on-jungian-psychoanalysis-a-contemporary-introduction/
- February 3-4, 2024 Mark Winborn will present a two-day seminar for the IAAP Developing Group in Athens, Greece "Interpretation in Jungian Analysis: Art and Technique" and facilitate group case colloquia.
- Mark Winborn will present "Interpretation in Jungian Analysis: Art and Technique" and facilitate group case colloquia for the IRSJA Pittsburgh Seminar on March 1-2, 2024.
- Mark Winborn will present a series of webinars for the Bulgarian Society of Analytical Psychology March 9-10 (Fundamentals of Technique in Analytic Therapy), April 13-14 (Analytic Interpretation with Difficult States), and Nov 16, 2024 (Understanding Defenses in Analysis).
- On June 15, 2024 Mark Winborn will present on "The Intersection of Jung and Bion" for Psychoanalytic Center of California in Los Angeles at their annual conference.
- Mark Winborn will be teaching three courses at the C.G. Jung Institute in Zurich June 24-26, 2024. 1) Jung and Bion: Intersecting Vertices, 2) The Analyst as Instrument: An Experiential Seminar of Patient-Analyst Interaction, 3) Interpretation in Jungian Analysis: Art and Technique.

Mark Winborn, winbornmark1@gmail.com

IN MEMORIAM

Remembering Michelle Halsall



Hailing from Mississippi, Michelle began her academic life with a BA in Anthropology and Art History from Rice University, soon thereafter obtaining her master's degree in psychology. She was proud to have worked with R.D. Laing as a research assistant and to have studied infant observation with Myrna Little. She went on to obtain her Master's of Divinity at the Episcopal Theological Seminary of the Southwest and, ever the student of the human mind and psyche, entered Jungian training with the IRSJA in 1995.

Michelle was an early member and active advocate of the Isis Institute of Women's Studies, a central Texas group that operated from the late 1980's through 2010, dedicated to studying the history and accomplishments of women throughout the world and across time. She often joined groups led by Nancy Qualls-Corbett and Wynette Barton to visit early worship sites and examine artifacts significant to feminine god figures, including tours to Rome, the Amalfi Coast, Egypt, Greece and Crete. Her fellow travelers remember her as energetic, intelligent, inquisitive, and an eager learner, and she brought that learning to her participation and teaching in the Texas Seminar for the years that her health allowed her to be active there.

An Episcopal priest deeply interested in individual spirituality in both Christian and other religious traditions, Michelle was also an artist and worked in several mediums. As a painter, she had a special interest in painting icons as well as portraiture and landscapes. She was also a printmaker with a focus on intaglio and engraving. The granddaughter of a tailor, she had a lifelong fascination with fiber art and was a Saori weaver and an avid knitter, as anyone sitting next to her in an IRSJA business meeting or lecture would know.

Michelle knew she was "a force to be reckoned with" and would agree with that description with a feisty wink and a nod. Her strong faith rendered her unafraid of death, and she had reached a place of spiritual peace both with the loss of her husband, Bill Colville in 2021 and with her own life, a life filled with the most interesting twists and turns and upon which she reflected with both wit and wisdom.

In her final years Michelle served in leadership and on the staff at Calvary Episcopal Church in Bastrop, Texas. She maintained her clinical practice until her death, with her beloved and trusted Wolfhound, Maddie Lou, serving as her co-therapist.

Michelle Halsall passed away on November 7, 2023, in Pittsburgh, PA. She was hospitalized with a bacterial infection soon after our fall banquet and subsequently contracted Covid while in the hospital. All who knew Michelle knew she was a true fighter. This time, however, she was up against too large a foe.



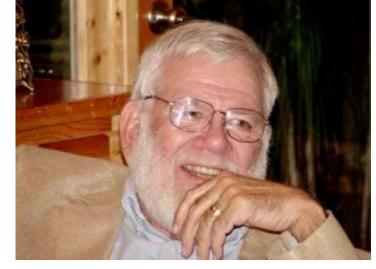
Dear IRSJA Colleagues,

Lucie Magnus' beloved husband, Jonathan Waddell, died peacefully on the night of November 20th. We send our heartfelt love and condolences to Lucie and her family.

Below is the link to his obituary.

Puddi Lareau

Jonathan Waddell Obituary -Homewood, AL dignitymemorial.com





Whatever you do, if you do it sincerely, will eventually become the bridge to your wholeness, a good ship that carries you through the darkness of your second birth, which seems to be death to the outside.

- C.G. Jung, Letters, Vol. 1, 358-59

From Puddi Lareau:

An Evening with the Elders

On Friday night at the Fall 2023 conference in Pittsburgh, some of our Elders gathered to tell us stories about what went on in the creation of this IRSJA. From Zurich to the US. Now 50 years on and still going strong.

We started off with a video that Jan and Stan Marlan had created for the 25th Anniversary. It was fun and funny and poignant. Lots of "look at soin-so! or is that so-and-so?" being called out from the audience. Images filled the screen of folks and events from at least 25 years ago and sometimes decades longer ago. The analysts looked SO YOUNG and so happy back then. The video caught them at costume parties, at Ghost Ranch, at the hotel Frontenac in Quebec, dancing, flirting, all the while creating a society to train analysts, for those who were interested but weren't nearby major cities where there were already training institutes.

Linda Leonard, a FOUNDING MEMBER of IRSJA was with us – she who actually went to Zurich lo those many years ago, to study with Medard Boss but ended up graduating from "the place down the street" as a Jungian analyst. Linda and Pat Berry, who was so instrumental in getting IRSJA off the ground and on the record books back then, both delighted us with tales of "the old days." As well, we had IRSJA'ers from those "old days" also joining in the story telling – Tim Sanderson, Jan and Stan Marlan, Ben Toole. Who wouldn't want to be part of this entertaining, vital, smart and creative group? Which amazingly enough, still endures and thrives.

From Bob Sheavly:















And from Puddi Lareau:







Honoring Stan Marlan

From John White:

With IRSJA Fall meeting being in Pittsburgh this year, the Pittsburgh training seminar decided to take the opportunity to honor its founder, Dr. Stanton Marlan, for his many contributions to the Pittsburgh seminar, to IRSJA, and to Jungian psychoanalysis more generally, in the presence of the Society. On Saturday evening, during the conference banquet, those in attendance who were associated with the Pittsburgh seminar came forward and several of those present surprised Stan with brief speeches, some simply expressing gratitude, others roasting him a bit, but all giving him praise and thanks for all that he has contributed to our professional, psychological, and personal work and growth. The Pittsburgh seminar also gave him a plaque by which to remember the evening and flowers for him and for Jan. Special thanks to Randi Nathenson for her doing most of the organizing and to my wife, Kristy, for designing the plaque and choosing the flowers.

- John R. White, Coordinator of the Pittsburgh training seminar

Photographs from Kristy and from Mark Winborn.









Photo from Puddi Lareau:



An Announcement from Jan Stannard, IRSJA Directory Coordinator

The Photo Directory is now available on-line!

The IRSJA 2023-2024 Photo Directory went on-line November 2, 2023 and is available for viewing on irsja.org. To access the directory:

- login with your username and password
- click on **IRSJA DIRECTORY** (directly below **MEMBERS** on the upper right side of the menu list)
- when the image of the Directory appears, hover over the bottom L-hand corner
- click on the vertical arrows to move forwards and backward by page
- click on the or + symbols to enlarge or decrease the size of the page

THAT'S IT ~ SIMPLE!! Once downloaded, the directory can be viewed anywhere, from any device.

However, on the downside, convenience has its price – and that price is vulnerability. Due to concern for safeguarding members' personal - including family - information, the directory cannot be downloaded in its entirely, nor can it be printed. It is possible to move very quickly through the pages, using the arrows but there is not a searchable index.

The most up-to-date source of members' info is the website, via individual search. That is why it is important to keep it updated. So PLEASE notify me when you have any changes to report, even if you make the changes yourself. If you have questions, comments, or concerns, please feel free to contact me!

Jan Stannard, M.D. janhstannard@gmail.com



EC Corner

A Communication to the Membership from our President, Puddi Lareau:



Hello to All,

Thank you to Eve Maram for promoting submissions, following up with what's current for us, and putting together this IRSJA Newsletter. "Putting together" does not well describe what's involved in such an undertaking. It's a lot more hands on and tedious AND creative than "putting together" might imply. Eve is proactive. MANY THANKS to you, Eve. And to all those who contribute.

Our meeting in Pittsburgh included our training elements and presentations, camaraderie, the memorial and open mic, and a joyous celebration of our 50th year with dancing to our own fab DJ, Mark Winborn, backed up by

Sarah Shelton. We honored several past presidents and had a special event, "An Evening with the Elders." At the party on Saturday night there was another significant event — Pittsburgh seminar members surprised Stan Marlan with reminiscences, stories, lots of laughs and lots of love, presenting him with a Lifetime Achievement award. Thank you to all involved behind the scenes in planning and execution of the conference. Particular thanks to Christina Becker our VP who has responsibility for it all and carries it out with grace and humor. No small task.

I am, and I hope you all are too, looking forward to the new year for us at IRSJA. Speaking for your EC, we strive to continue to advance and enhance our mission of providing quality training of Jungian analysts and opportunities for us to gather as a community of friends and colleagues.

Warmly, Puddi Lareau

Admissions Highlights

From Peggy Hanson, Director of Admissions:

Greetings from the Admissions Committee! The most important piece of information I want to share is that *all current admissions information*, including up-to-date application forms, can be found on the IRSJA.org website, under "Become an Analyst". Training manuals (as recent as Jan, 2023) do not have up-to-date forms.

For those of you who were not able to make the fall meeting in Pittsburgh, at the opening reception, I introduced new candidates recently accepted in training (April, 2023). Our seven new candidates and their respective seminars are:

Camille Adair Santa Fe

Sally Hildreth Memphis-Atlanta

Angela Maestas Santa Fe
Dan Quinn Santa Fe
Carly Solome Heartland
Mark Woodford Philadelphia

Lauren Wuest Texas

As we move into our new admissions year, 2023-2024, a few points that I covered at the fall meeting:

- 1. I'm happy to report that all eight members of the Admissions Committee from last year will be continuing this year, with one exception: Mark Dean is taking a leave of absence, and Carl Criniti (formerly known as Carl Boyer) will be substituting for Mark. In addition to Carl, the members of this year's Admissions Committee are Mary Burke, Gretchen Deters-Murray, Jorge de la O, Lourdes Hernandez, Jane Margaret Hunt, Jane Penrod and Sylvia Simpson.
- 2. As explained in more detail by Martha Blake, Director of Training, we are working on having admissions and training records

securely online rather than depending on paper copies. It is unclear, at this point, how far along we will be in that process in terms of admissions. There are no immediate changes, from last year, to the application process. Application materials should be sent by applicants as paper copies to me (in one bundle, including letter of support from their local seminar) Peggy Hanson, Director of Admissions (please see "Become an Analyst" on website). The postmark deadline is March 1, 2024.

3. There is an ambiguous statement in the training manual regarding application requirements. From p. 8 of the 1/10/23 training manual. "Participation in an IRSJA Local Training Seminar for a minimum of six months before application to the Inter-Regional Society. A letter of approval from the Local Training Seminar Coordinator is required in order for an applicant to have an IRSJA admissions interview."

In surveying the local training seminar coordinators from our seven seminars, there was disparity in how this was interpreted. Did it mean someone could apply for training the spring of their first year in the seminar, or did it mean they needed to be in a seminar for a full year prior to application? After discussion of this issue with several local training coordinators on Thursday, October 9 and hearing their input, I feel confidence and respect in each seminar's interpretation of that statement and in their ability to determine when a member of their seminar, interested in training, has their support.

That's it from Admissions! I wish you all a warm, safe fall!

Peggy



TRAINING COMMITTEE CORNER FALL 2023

From Martha Blake, Director of Training:

TWO NUMBERS TO REMEMBER--- 40 and 23:

The Training Committee is implementing two motions passed by the analyst body in business meetings:

- **40** "Pre-Control candidates who are qualified to receive case consultation are required to have at least 40 one-hour case consultation sessions per training year with an IRSJA analyst who has been certified for at least three years. Consultation hours may be face-to-face, or through telecommunication. This motion will take effect June 1, 2021. "(Passed Fall 2020.)
- 23 "A candidate who has completed at least 23 months in the Pre-Control stage of training is eligible to take the Propaedeuticum Exams." Effective 2023-2024. (Passed Spring 2023.)

Both motions increase the demand for Analysts to engage in training.

The Training Committee welcomes Analysts to offer individual case consultation or serve on exams.

OTHER INITIATIVES UNDERWAY:

Automated IRSJA Transcript: The Training Committee is in the process of automating the IRSJA Transcript. An IRSJA Transcript portal resides on a HIPAA-aligned Google Drive backed up on a second server. Since IRSJA is incorporated in Texas, the Director of Training, advised by the IRSJA attorney, is working with the IRSJA management services company, Best Management, to maintain training documents for educational entities according to Texas statutes. The Training Committee seeks to embed a fillable pdf transcript on the portal for Candidates to complete. We are stepping into the deep, dark forest of technology—with many helpers. This winter, we will engage a point person in each Local Training Seminar. To Identify your Local Training Seminar point person for the Automated Transcript, contact Martha Blake, Director of Training, at blakemartha@comcast.net or Jeanne Lacourt, Liaison to the Seminars, at jeanne.lacourt50@gmail.com.

Propaedeuticum Exams: Three Analysts may now comprise a Propaedeuticum Exam Committee. Randi Nathenson, Propaedeuticum Exam Coordinator, welcomes volunteers. In Spring 2024, we will have nine Candidates taking five exams and three Candidates retaking exams. To volunteer as an examiner or a substitute, contact Randi at: randinathenson@gmail.com. Thank you to all of the examiners and subs for all that you do.

Exit Interviews: The DEI Committee and the Training Committee are implementing exit Interviews for Candidates who leave training as well as Candidates after they graduate. We want to ask Candidates who resigned why they resigned and what they have to share about how we could improve our training program. Randi Nathenson, Propaedeuticum Exam Coordinator, is the Training Committee contact. To engage with this initiative, please contact Randi at: randinathenson@gmail.com.

Development of Candidate Capacity: The Training Committee seeks to enhance the quality of IRSJA development, mentoring, and guidance of our Candidates in each venue in which we provide feedback. In support of this initiative, Carolyn Bates, Texas Seminar Coordinator, offered a 1985 document compiled by our founders regarding the development of candidate *capacity*. The Texas Seminar honed the 1985 document into an approachable format. Review Committee Coordinator Mary-Coady Leeper is the Training Committee lead. The Development of Candidate Capacity initiative is well underway and is making measurable progress. To engage with this initiative, please contact Mary at mcoadyleeper@gmail.com.

Diploma Exams/Graduate Rituals: In Spring 2024, IRSJA hopes six Candidates will graduate. Virginia Krauft, Diploma Exam Coordinator, is populating Cases and Thesis Exams for 2024 and 2025. In addition, Virginia shepherds our return to two traditional graduation rituals. Virginia will remind those who plan to graduate to write a letter to the Director of Training requesting membership in IRSJA. She will remind each graduate to submit a copy of their thesis to the IRSJA Archivist at the C.G. Jung Educational Center, Houston, TX. Consult the IRSJA Photo directory for information about the IRSJA archives and how to submit a thesis. To support Candidates as they demonstrate their capacity to conceptualize cases from a Jungian perspective and formulate their unique contribution to our body of experience, contact Virginia at gdreams@cox-internet.com.

IRSJA Reading Lists: As the Training Committee tackled updating the 2009 Reading List, we discovered that we have at least four, each with a different purpose and audience. The Training Committee of 2009 compiled the Reading List to support Candidate preparation for the Propaedeuticum Exams. We need to determine whether the 2009 list represents how we prepare Candidates for the Propaedeuticum Exams. Meanwhile, IRSJA added a list for those who land on our website and are curious about Jungian analytical psychology, a list for those interested in applying for admission, and a list for those seeking information about DEI issues and Jungian analytical psychology. Furthermore, our lists underrepresent IRSJA authors. Jeanne Lacourt, as the Training Committee Liaison to the Seminars, is supporting a collaborative initiative with Local Training Seminars, IRSJA committees, and IRSJA authors to create a master list of potential books from various users may choose. Jeanne will survey IRSJA members about IRSJA Reading Lists. She will also ask about presentations that address cultural issues. To engage with the Reading Lists initiative, contact Jeanne at jeanne.lacourt50@gmail.com .

Records Destruction: The Training Committee contacted the IRSJA attorney for advice on how to purge our Analyst files of outdated records. IRSJA is incorporated in Texas. The attorney advised: Destroy educational documents by shredding them five years after graduation. Destroy records of analysis seven years after termination (APA standard), or longer if your state requires, with a company that will give you a certificate of shredding. You can locate a National Association of Information Destruction shredding service near you at https://www.datasafeinc.com.

Resource Links:

For Candidates seeking support with citations:

https://owl.purdue.edu/owl/research and citation/apa style/apa formatting and style guide/general format.html

For writers seeking support with active voice and spelling: https://app.grammarly.com/

With appreciation,
Martha Blake, Director of Training



Treasurer's Message from Brenda Bunting:

Shout out to our 50th Anniversary Banquet Decorator!

At our 50th Anniversary Banquet the center pieces that adorned our tables were made by Pittsburgh candidate
Valerie DeMatteo, who took on the decorating task with a small budget and a large amount of enthusiasm. She truly enhanced our evening with her beautiful, celebratory creations.

Thank you, Valerie!

Check Out the New <u>Donation Link</u> on our <u>Website</u>

I am pleased to report that we now have a <u>Donation link</u> in the navigation at the top on our website that links to a page with a Donate Button to make it easy for those of you who would like to show your support

for the Society. When you donate I will be automatically notified and will provide you with a tax receipt.

Please consider IRSJA when you make your year-end donations!

New Resources for Members on our Website: Three Ways to Help and Professional Wills

In the Member Resources section of our website, there is now information about the benefits to you of three different ways to help IRSJA thrive financially, along with information about Professional Wills kindly provided by Carolyn Bates.



DEI Corner

Thoughts on The American Buffalo, a Ken Burns documentary, on PBS

By Jane Margaret Hunt

When my father was dying, I asked if he had any regrets. He said, "I wish I had asked my father where the buffalo robes came from." These had been in his family for at least two generations, used to keep warm while traveling by horse and buggy across the southern Minnesota prairie in winter.

The harvesting of buffalo robes is a primary theme over the four hours of *The American Buffalo*. We hear from Native Americans, past and present, explorers, writers, U.S. presidents, anthropologists, poets, and hunters about the vast bison herds—pre-Columbian estimates range between 60 to 70 million animals, 30 to 35 million by the time of Lewis and Clark—that roamed freely across the Great Plains.

And we learn that the parallel story to the near extinction of bison is the forced impoverishment and imprisonment on reservations of native peoples who relied on them. According to Burns, Great Plains tribes

were dependent—the buffalo was their entire material subsistence. They used every part of the animal, from the tail to the snout. It also was an important part of their lifeways, folkways, and religious spiritual practices. The buffalo is at the center of the Kiowas' creation story; their Sun Dance involves the buffalo. It's just a very painful, traumatic cultural separation from animals they had an intimate relationship with for ten to twelve thousand years. [A connection that was] severed in the nineteenth century. (Rampell, 2023)

My father's family settled on land that had been farming and hunting territory for a branch of the Dakota. The word Dakota means "ally," but white settlers were not good allies in return. The Dakota War of 1862 against settlers was an act of desperation on the part of the Dakota people, left to starve after trading their lands for the promise of supplies from the U.S. government. At the end of the fighting, thirty-eight Dakota men were hung in Mankato, the largest mass hanging in U.S. history. One of my ancestors, a Union soldier, was present, and I wonder, now, if he also participated in the military round-up of these men.

That same year, the Homestead Act was passed, offering free land to white citizens, and this is how my father's family got established in southern Minnesota—my great-grandfather owned a farm there, and my paternal grandmother was raised in a sod house on the prairie.

By the mid-1880s, only a few hundred bison remained. Early photographs document the terrible waste of bison carcasses, stripped only of their hides and tongues, left to rot by the hundreds. This rapacious behavior was antithetical to the values and religious practices of

native peoples. And it was, Burns states, "the greatest slaughter of wildlife in the history of the world. It took place on our watch."

My training as a Jungian analyst was funded, in part, by money I inherited from my father. Watching *The American Buffalo* has helped me locate a more conscious and *personal* land acknowledgement—my debt to the Dakota people.

Burns's documentary ends on a positive note—the near extinction of the bison spurred the founding of a conservation movement and establishment of national preserves to grow and protect bison herds into the future. The U.S. Fish and Wildlife Service estimates that there are now 20,500 bison in conservation herds and an additional 420,000 in commercial herds—one exists near me in upstate New York.

Perhaps the success of a conservationist approach can spur a parallel awareness of our human need for reparation with native peoples and traditions. I see my obligation as one of locating the indigenous roots behind the wealth I received. I am going to start by reading the novel *A Council of Dolls*, about three generations of Dakota women and the magical, helpful dolls who provide a connection to their ancestral world.

Rampell, Ed. 'The American Buffalo': An Interview with Ken Burns. The Progressive Magazine. 13 October 2023. https://progressive.org/latest/%E2%80%98the-american-buffalo%E2%80%99-an-interview-with-ken-burns-rampell-20231013/



Seminars Highlights

From **Joan Golden-Alexis**, **PhD**(646)229-0352
Director of Training
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This is the first of several articles that will be sent to the newsletter, describing the IRSJA Seminars. This one is the submission (November 21, 2023) for this issue, and describes the Philadelphia Association of Jungian Analysts (PAJA).

At the October 2023 conference in Pittsburgh, representatives from each of the training seminars of the IRSJA presented a panel to discuss their seminars. Their talks covered a rich array of topics, including process and procedures, histories and traditions. These individual presentations will appear in this and in ensuing issues of the Newsletter. We begin here with the paper given by Joan Golden-Alexis, Director of Training of the Philadelphia Association of Jungian Analysts.

Philadelphia Association of Jungian Analysts

We at PAJA are holding centrally in mind the IRSJA's current focus on diversity, and its heightened reflective stance on aspects of the ethos of our social norms that detract from this orientation. Hence, the description of our seminar is focused on how we employ Jungian thought to question and reflect upon the more destructive and limiting hierarchies of the current Spirit of the Times. We feel that broadening the awareness of, and encouraging reflectiveness in our seminar participants on these often unconscious aspects of our culture, can make a difference in their analytic work and in their role as citizens of the world.

The Philadelphia Seminar is structured differently from the other seminars in the IRSJA. This difference, is a result of PAJA's dual and on-going commitment to give its **Seminar Program**, equal importance to its **Training Program**. This dual perspective, and PAJA's support of the depth and breadth of both of its programs is palpable, and can be experienced in each program and the interaction between the two. It is this dynamic that creates the Ethos/Eros that is our seminar's actual heart and spirit.

The origination myth, behind the creation of PAJA is imbedded in this dual structure. PAJA is conceived, not only as a training organization, but also to serve as a support, outreach and a resource for people in the community who are looking to deepen their understanding of themselves, and to develop through their exposure to analytic thought. Situated in a densely populated urban area, there are many local people, from which PAJA can draw. Now, semi-remote, this popular seminar draws people from all over the country.

Hence, a bifurcated structure has emerged: The Philadelphia Seminar Program and a separate but intimately intertwined PAJA Training Program. Each program has its own origin myth, its own alchemical mix and telos—its self-contained evolving form, and its own instructional platform.

The Philadelphia Seminar Program

The Philadelphia Seminar Program, run by its two analyst directors, is presently a semi-remote forum for advanced Jungian study for people who are not necessarily clinicians. The seminar provides an intimate framework for interactive, experiential engagement with Jungian theory. Each year, a theme is developed and analysts, from all over the country, explore the theme with the deft guidance of its directors. The content of the seminar explores Jungian

thought in depth, but is brought alive and placed in a broader context by the variation in the experience and the professions of the committed participants. Each participant, no matter what their individual purpose for being in the seminar, is given equal value for broadening and deepening the experience and discourse of the seminar.

This commitment to the multiplicity and diversity of participants in the Seminar Program, its multiple changing dimensions, is the alchemy out of which perspective future trainings emerge, as well as other types of transformations which foster participants along their destined paths. Each year, some discover their vocation to enter training, and some deepen their original commitment to do so. Each year, this new and enlarging candidate group, lend their developing clinical perspective, to one day of the monthly seminar's sessions.

This seminar program and the discourse that has evolved out of it, has become for many years, the larger cooking vessel, the matrix in which things are heated up, and not yet known substances emerge. Each alchemical journey intensifies the alchemical fire. In the Seminar Program, at its best, one can see this dimension operating in the participants, the penetrating social telos of the times, modified though analytic thought, and re-defined with the inner dimension of psychic change that emerges.

The seminar experience suggests, by example, that analytic psychology can be broadened to enter into a more direct dialogue with the outside world. Seminar participants engaged with, analytic thinking and their understanding of shadow, opening into social consciousness, often bring to the seminar discussions, a deeper awareness about the destructive hierarchies currently present in our social mores.

Although there are new people beginning and others leaving, the seminar consists of a fairly stable and large group of 25 or more, many of whom return year after year, adding their particular flavor to the seminar, and to the discourse, that has evolved. At times, this "old guard" is naturally revamped, as new collective issues emerge in relationship to the seminar's yearly theme, and a new era of interrogation of the world according to Jungian thought emerges in the seminar.

The PAJA Training Program

The Training Program is a clinically intense, free standing, semi-remote instructional platform run by the seminar coordinator. It is composed only of those people in the Philadelphia Seminar Program who have been accepted as candidates at the IRSJA—at present there are 7 pre-control candidates. The candidates are taught separately, from the seminar participants, meeting **only** in the PAJA Seminar Program for an enlarging didactic instruction, where the selection of seminar topics are taken with an eye to enhance and complement their training.

The training curriculum is developed each year, both, to create a graduated study of Jung's works, and at the same time, it is modulated to emphasize any gaps that the instructors have noticed missing in the candidates' learning. Most importantly, these courses, even the didactic

instruction, are conducted with a detailed clinical focus and often in a case colloquium-like format. Both the candidates' didactic and the pre-control case colloquium, can be understood as clinical intensives and involve an immediate immersion in working in the unknown, the shadow and unconscious aspects of analytic work.

In the PAJA Training Program, all the participants are candidates. Thus, alone, and together, they are immersed in a similar "night sea journey" where Self becomes their compass, the objective psyche becomes its energetic force, shadow issues take prominence, disruption and anxiety is their calling card, and new forms of safety come only from learning to live with the bumpy road symbolically, and hopefully, recognizing in each other, different forms of the same transformative journey.

The candidates become slowly aware of this level of disruption in their lives, and immersed in a journey easily recognizable in each other. This brings an intensity of connection that trumps at times, the physical remoteness of the instruction. There is always a natural joy of being together in the same space, however, when traveling together on a path resonant with the transcendent function, new ways of accompanying each other emerge. In this context, healing friendship models take on an intensity and evolve as compensatory structures. Mutual care, and conversation begin a revival, as each person reaches to other cohorts as partners and mirrors in their self-transition.

This intimacy, combined with the privacy from others, not on the same journey, intensifies the ability to become involved in analytic material with a deep connectedness. This involvement with analytic thought and each other, begins to highlight and contradict the alienating aspects of the social mind of our time. This alienating and alienated mind is an aspect of the Spirit of the Times which encourages the present status quo of narcissistic adhesion to the self, with a small "s," its hierarchical narrowness, its lack of diversity, and lack of generosity in understanding those who are different. The candidates' new found connectedness to themselves and each other often brings forth an ability to reflect critically on the ethos of the times, and brings with it a new-found generosity to what is foreign and unfamiliar.

The candidates' tri-annual candidate cohort meetings with the coordinator create a non-processed modeling for candidates to reflect and to take authority over choice of their coursework, instructors, and expression of subtle issues that emerge in relationship to the work, and their sense of themselves and one another. Both, their coursework, and the cohort meetings, model new ways to risk openness and take ownership, responsibility and authority within themselves and with each other.

Each year, each program (the Philadelphia Seminar Program, and the PAJA Training Program) create both a broadening and deepening of Jungian thought. The Seminar Program provides a platform for the broadening of analytic discourse in direct dialogue with the outside social world and with an emphasis on the diversity of participants; while the training program with its intense clinical work in isolation form non-candidates provides a platform for a deep inner work in the supportive resonance with others on the same journey.



This is your notice of a vote to be held at the spring meeting (2024) regarding amending the bylaws for the following proposal. This is to introduce the proposed amendment to the membership.

Proposed Bylaw Amendment: AMENDMENT XVIII MEMBERS ARTICLE III

SECTION 1. Regular Members

C. Members Emeriti

Upon reaching 85 years of age Emeritus members will no longer be required to pay dues. Their rights and obligations remain the same as an Active Member except they may pay no dues and do not have to meet the attendance requirements."



Officers, Board, Committees, Seminars

IRSJA Officers and Committees

Executive Committee

President Puddi Lareau <u>puddi.lareau@gmail.com</u>
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Diploma Exam Coordinator Virginia Krauft

Propaedeuticum Exam Coordinator Randi Nathenson

Review Committee Coordinator Mary Coady-Leeper

Liaison to Local Seminars Jeanne Lacourt

Ex Officio Puddi Lareau and Christina Becker

Ethics Committee

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Eve Maram

John White

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Ethics Appeals Committee

Chair Mark Winborn winbornmark1@gmail.com

Carolyn Bates

Gus Cwik

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Mary Coady-Leeper

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Elizabeth Retivov

Tim Sanderson

David Sedgwick

Doug Tyler

Candidates

Michelle Cooper Felicity Kelcourse Scott Stanley

Happy holidays! May you and yours be safe and healthy until we meet in Santa Fe this Spring!

