

Appendix G: Candidate Requirements in Training

(Effective as of October 2014)

<u>General: Pre-Control and Control/Diploma</u>	
1.	<p>Training candidates are required to be in analysis throughout the course of training.</p> <ol style="list-style-type: none"> A minimum of 300 analytic hours with an IAAP member is required for graduation from the IRSJA. 200 individual analytic hours are required between admission and sitting for Diploma examinations. A minimum of 100 of these hours must be in-person. A minimum of 100 of these required 200 hours must be with an IRSJA analyst. A minimum of 40 analytic hours per year is required throughout training. Once the minimum number of in-person hours is fulfilled (100), the candidate may opt to do any combination of in-person and telecommunication hours as agreed upon with the analyst. A minimum of 40 analytic hours is required per year during training. It is recommended that a candidate be in analysis with at least two analysts during the course of training and desirable for the candidate to work with both a male and female analyst at some time during training. <u>The numerical fulfillment of hours does not oblige the Training Committee to advance a candidate through the training program.</u> Candidates are required to be affiliated with a Local Training Seminar throughout the course of training.
2.	<p>A candidate may request a leave of absence by written request if there are compelling circumstances presented to the Local Training Seminar and the Review Committee.</p> <ol style="list-style-type: none"> Dues will continue to be paid. There is an expectation that analysis will continue during the leave of absence.
3.	<i>Candidates are required to complete a correct transcript annually and submit it electronically no later than June 15 to the LTSC or DoT, as appropriate to the stage of training.</i>
4.	<i>Candidates are required to meet with their Review Committee at the Fall meeting.</i>

<u>Pre-Control</u>	
5.	Pre-Control candidates are required to have at least 40 hours of case consultation per year with an IRSJA analyst. Pre-control consultation may be in-person or by telecommunication.
6.	To be eligible to take the Propaedeuticum, a candidate must complete at least 2 training years of candidacy. (A training year is defined as beginning June 1 and ending May 31.)
7.	Prior to taking the Propaedeuticum, provide documentation of at least 1,500 hours of clinical experience and satisfy the legal requirements to conduct psychotherapy with analysands in their state of practice, including licensure, as applicable.
8.	<p>Readiness to take Propaedeuticum examination:</p> <ol style="list-style-type: none"> The candidate is in charge of his/her decisions on readiness to take the Propaedeuticum examination. The Local Training Seminar Coordinator, serving in a consultative manner as mentor, includes the candidate's decision in their letter sent to the Review Committee Chair. The candidate may then proceed to communicate their readiness to take the Propaedeuticum to their Review Committee at the IRSJA Fall meeting, at which time the Review Committee will consult with the candidate on this decision to sit for the examination.
9.	<u>It is mandatory before taking the Propaedeuticum that the candidate will have satisfied the legal requirements to conduct psychotherapy with patients in their state of residence and provide documentation to their Local Training Seminar Coordinator, Review Committee Chair and the Training Committee.</u>

Control/Diploma

10. Control candidates are required to have at least 100 hours of *case consultation* (50% may be performed using *telecommunication*). A frequency of two - three hours per month with an IRSJA analyst is recommended.
 - a. Control candidates may count *case consultation* hours on a 2:1 ratio if a case is presented in case colloquium (If you present a case for 8 hours, you may count 4 hours of case consultation; up to a maximum of 15 *case consultation* hours).
11. Control candidates are required to participate for 60 hours annually in control case colloquia.
 - a. Fifteen of those hours may be counted from case colloquia at IRSJA meetings.
12. Diploma Examinations: Candidates work with the Review Committee at the fall meeting to establish their Case Committee and Thesis Committee.
13. Case Diploma Examination:
 - a. The candidate selects the Chair of the Case Committee and the Training Committee assigns two additional members.
 - b. Candidates are required to present three written cases that have been conducted under control analysis. It is suggested that one of these clients be male and another female.
 - Case #1:
 - Reflect the work with a client in analysis for a minimum of 100 face-to-face hours over a period of at least one year.
 - Obtain regular *case consultation* of that case with the same case consultant for at least 50 hours, 50% of which may be by electronic/telecommunications format.
 - Case report suggested to be 25-35 pages in length with a maximum of 50 pages.
 - Case #2:
 - Requires 20 hours of *case consultation*.
 - Multiple case consultants may be used and 50% of these case consultation hours may be by electronic/telecommunications format.
 - This case should involve a minimum of 20 hours of face-to-face analysis with the client.
 - Case report suggested to be 25-35 pages in length with a maximum of 50 pages.
 - Case #3:
 - A case of special interest or challenge to the candidate or one that the candidate deems to have been a failure in some way.
 - Case report suggested to be 10-15 pages in length with a maximum of 15 pages.
 - For this case, neither the number of *case consultation* hours nor the number of client hours is specified.
 - c. A first draft of the cases must be submitted to the Case Committee by September 1 of the year before the Candidate wishes to take the Diploma examination.
 - d. Candidates are required to document, on the 1st and all subsequent drafts of the cases, the number of case consultation hours for each case, listing separately the face-to-face and telecommunication case consultation hours.
 - e. Exceptions to these guidelines can be made at the discretion of the Exam Committee if such revisions further the candidate's training.
14. Thesis Diploma Examination:
 - a. The Diploma candidate is required to present a thesis on some aspect of Analytical Psychology or related clinical work.
 - b. The thesis topic, the thesis advisor, and one committee member are selected by the candidate and approved by the Review Committee and the Training Committee. A third committee member is assigned by the Training Committee. The Thesis Committee Chair (Advisor) shall work closely with the candidate in preparing the thesis.
 - c. The first draft of the thesis should be submitted to the Thesis Committee by September 1 of the year before the Candidate wishes to take the Diploma examination.