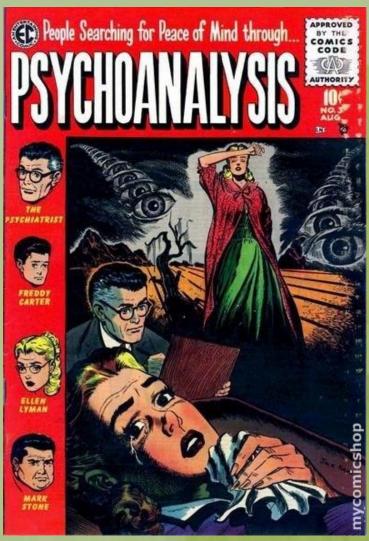
# The IRSJA Bulletin Board

UNEDITED! UNRESTRICTED!! UNCENSORED!!!

The good old days...



- New Trips?
- Irreverent Photos?
  - Opinions?
- Meaningful Events?
- Inspiring Quotes?
- Letters to the non-editor?
- Send to Joseph at JRJLEE@earthlink.net

"Common sense and a sense of humor are the same thing, moving at different speeds.

A sense of humor is just common sense, dancing."

William James

## Revisiting the Left Brain - Right Brain Metaphor

Mark Winborn 10/21/2014

During the audience discussion section of a presentation at our recent meeting in Birmingham, there were several references made to "left brain versus right brain" responses to patient material. It's a pattern of discussion I've observed in several Jungian settings and I suspect it also occurs in many psychoanalytic discussions, especially those focused around the "relational" school of psychoanalysis. In general, the thrust of such discussions is that right brain interventions are more relational, affective, and empathically connected while left brain interventions tend to be characterized as logical, rational, relying on abstraction, distant, and verbally based. Such characterization or categorization of interventions is based upon the split-brain research of Roger Sperry in the 1960's for which he was awarded the Nobel Prize in Physiology in 1981. His research was primarily carried out with individuals with epilepsy who had undergone a procedure to control severe seizures by severing the corpus callosum which normally connects and allows communication between the two hemispheres of the brain. His research also involved individuals with severe lesions in one hemisphere of the brain. Sperry's research was clearly groundbreaking and state of the art for neuroscience in that era.

Now we spring forward, fifty years later, and the field has changed tremendously. MRI, fMRI, CAT scans, PET scans, and enhanced EEG have all dramatically improved the level of differentiation and specificity in experimental design which has permitted a much more comprehensive picture of brain functioning to emerge. Many, if not most, contemporary neuroscientists indicate that the way in which Sperry's research has been taken up in the popular culture is a gross oversimplification of Sperry's original conclusions. As Mark Solms, author of *The Brain and the Inner World*, puts it: "There is little empirical support for such ideas." Furthermore, most have now concluded that Sperry's conclusions no longer accurately reflect the way the brain functions. Sperry's research was based on a "localization" approach to brain functioning – i.e. figuring out where a particular function or process is occurring in the brain.

Contemporary neuroscience research acknowledges that there is localization of certain functions and that the two hemispheres do appear predisposed to process different kinds of experience. However, the bigger picture is much more complex than that. Current research has shifted away from a focus on localization towards an emphasis on neural networks and connectivity. These neural networks are often broadly dispersed across the brain structure and across both hemispheres. Networks have been identified which process pattern recognition, attention, physiological activation, affective regulation/dysregulation, and empathic responsiveness. There is even a network called the "default mode network," first identified in 2001, which describes the neural pattern associated with the resting brain when free of goal oriented activity – such as might be encountered in day dreaming, free association, or reverie. Naturally, the functioning of these neural networks overlaps, contributing to more complex phenomenon such as creativity or logical reasoning.

In addition to neural networks, the focus has also been on three types of connectivity: structural, functional, and effective. Structural or anatomical connectivity refers to a network of physical or structural (synaptic) connections linking sets of neurons or neuronal elements, as well as their synaptic strength or effectiveness. Functional connectivity, in contrast, is fundamentally a statistical concept. It assesses how likely it is for a particular pattern of neuronal activation to occur between distributed and often spatially remote neuronal units. Finally, effective connectivity may be viewed as the union of structural and functional connectivity, as it describes networks of directional effects of one neural element over another.

The results of a number of contemporary studies indicate that the brain functions at its best when bilateral hemispheric activation is occurring. For example, in a study of math skills in gifted and non-gifted high school and college age math students the researchers found that the gifted math students demonstrated significantly more bilateral activation than average ability students. With the "left brain-right brain" model we would expect the gifted students to rely more exclusively on left-hemisphere activation. Similarly, in another study, two groups were pre-identified on screening measures for creativity.

"I think when I went to psychoanalysis, I actually believed that people said what they meant.

This was my whole problem."

John Malkovich

#### Continuation of: Revisiting the Left Brain - Right Brain Metaphor

Mark Winborn 10/21/2014

The "left brain – right brain" hypothesis would suggest that more highly creative individuals would activate more strongly in the right hemisphere. However, those identified as highly creative showed significantly higher bilateral activation of the brain than did the less creative individuals. Finally, a study of the resting state MRI scans of 1011 subjects, ages 7-29, showed no statistically significant hemispheric preferences, i.e. lateralization of brain functioning. The conclusion of the last study was: "Lateralization of brain connections appears to be a local rather than global property of brain networks, and our data are not consistent with a whole-brain phenotype of greater "left-brained" or greater "right-brained" network strength across individuals."

While both hemispheres are capable of functioning autonomously when an artificial separation or disruption of hemispheric communication occurs, this is not how they function in most people. Remember, Sperry's research was conducted with subjects for whom their neuronal networks and connectivity was severely disrupted. As one author, Carl Zimmer, puts it: "No matter how lateralized the brain can get, though, the two sides still work together. The pop psychology notion of a left brain and a right brain doesn't capture their intimate working relationship. The left hemisphere specializes in picking out the sounds that form words and working out the syntax of the words, for example, but it does not have a monopoly on language processing. The right hemisphere is actually more sensitive to the emotional features of language, tuning in to the slow rhythms of speech that carry intonation and stress."

So my appeal is this: let's let the left brain – right brain metaphor die. The metaphor is based on old and outdated science which does not reflect the current state of understanding of brain functioning in the neurosciences. Yet, this is the position I operated out of myself until several years ago when I began to listen to recent lectures on neuroscience. Yes, the split-brain model has a certain intrinsic attractiveness but it isn't accurate. The current state of the art in the neurosciences is actually more "Jungian" than Sperry's work. Current studies clearly show the brain functions in a pattern of bilateral complementation whereby we are capable of being most relationally and creatively present when the preferences of the right hemisphere are augmented by the differentiated verbal capacities of the left hemisphere. Similarly, the differentiated capacities for language and abstract reasoning of the left brain are enhanced by the creativity and nuanced feeling of the right hemisphere. By associating some analytic interventions with right brain relational presence and others, such as interpretation, with the left brain, we are reinforcing an unnecessary and undesirable split within our analytic activity and our own psyches. I believe our goal, as analysts, should be the integration of these functions and activities. A relational presence without a capacity to reflect on that presence is potentially just as empty as an interpretation made without relational and creative connection.

## Call for Theses Excerpts

The BB would like to know more about your interests!

You're invited to submit an introduction to your original Jungian thesis and let your colleagues know what moved your psyche through the Analytic initiation.

Send to: JRJLEE@earthlink.net

# Important Continuing Education Information

IRSJA CE provider numbers for when you renew your professional license:

- NBCC ACEP # 6295
- APA CESAS # 2044-9876353

NBCC is for masters' level clinicians, APA is for doctoral level. If you're wondering which CE credits you signed up for, contact Pat Cochran at <a href="mailto:psecochran4@gmail.com">psecochran4@gmail.com</a>. In the future, we'll put these numbers directly on your CE certificate for your convenience.

"Death is not the greatest loss in life.
The greatest loss is what dies inside us while we live."
Norman Cousins

#### **CNASJA**

Council of North American Societies of Jungian Analysts

#### On the Edge and in the Center:

Jungian thought in our inner/outer worlds

It's Time to Gather! This time in Santa Fe – September 24-27, 2015

#### SAVE THE DATES

Following a delegates' meeting on Thursday, we'd like to invite analysts, candidates, and significant and chosen others, to convene/present/discuss/commune on Friday, Saturday and Sunday AM.

Early in the New Year, we'll be sending out a call for participation along with hotel details and an initial program.

Meantime,
Prepare
&
SAVE THE DATES NOW

Your CNASJA EC members: Jacqueline West, Ron Schenk, Pamela Power, David Hufford

## ABAP 2014 Benefit Dinner Friday, November 14

Join us for this year's Benefit Dinner for the American Board for Accreditation in Psychoanalysis to be held in Chelsea, New York City, on Friday, November 14, starting with cocktails at 6 PM.

The event will precede the next day's NAAP conference, Shame, Guilt & Prejudice. It will follow ABAP's semiannual meetings just several blocks away in the West Village earlier on Friday.

The dinner will be held at Moran's Restaurant, 146 10th Avenue at 19th Street. During cocktails, we'll present as guest speaker Michael Tobman, who vitally represents the interests of our profession in Washington as federal lobbyist for NAAP. He will also be interested to hear your concerns.

Mr. Tobman, who works to preserve and increase our independence and freedom in service to the public, will offer us an overview of the current political climate in Washington, sharing some of his strategies for keeping our visibility alive, protected, and in good focus with influential legislators. He will be able to discuss issues such as the impact of Obamacare on our profession.

During the dinner to follow, we promise more fun when we raffle off some attractive prizes, including a week at a seaside vacation home, valued at \$3,000. The cost of the evening will be \$225 per person.

ABAP asks you to spread the word at your institutes and to bring as many colleagues, friends, and family as possible. We aim to build the Benefit Dinner into an annual event with a reputation for offering provocative speakers and professional networking that links the semiannual ABAP meetings with the following day's annual NAAP conference.

If you would like to attend, please email David Dalrymple, ABAP Executive Director, at dalrymdmin@aol.com with your number of guests. Send him a check by November 1 for \$225 per head to: ABAP, Inc., 505 12th Ave., Huntington, West Virginia 25701.

We look forward to seeing you there.

Sincerely,

Michael Connolly, Event Chair & Host; Joseph P. Wagenseller, Chair, ABAP Board; Jennifer R. Harper, Chair, ABAP Assembly of Psychoanalytic Institutes.

National Association for the Advancement of Psychoanalysis | 80 Eighth Avenue | Suite 1501 | New York | NY | 10011

"I've been drunk for about a week now, and I thought it might sober me up to sit in a library."

F. Scott Fitzgerald



SHAME, GUILT & PREJUDICE:

Emerging Possibilities

November 15, 2014 at

The Scholastic Center, New York City

NAAP Welcomes its Guest Presenters!

Artists:

Josephine Meckseper Chloe Piene *Psychoanalysts:* 

Claude Barbre, PhD

SHARE
GUILT &
PREJUDICE
SHAME STATE
GUILT
SHAME STATE
SHAME

"Shame, Guilt & Prejudice: Emerging Possibilities," taking place on November 15, will be hosted at the beautiful Scholastic Center in Soho, NYC. This year's conference includes notable psychoanalytic speakers and renowned artists whose work expresses the impact and presence of shame, guilt, and prejudice in our cultural and symbolic communications. No culture exists without some representation, a generationally repetitive influence of this toxic triad. NAAP's conference provides an opportunity to explore the psychodynamic underpinnings of shame-guilt-prejudice, and how we can inspire the resilience to reverse or impact this pattern while working clinically with our patients, with our students, and in our communities.

Click on the links below to register or RSVP, to go to our event details page, to download the full brochure, or for CE or other questions.

Click for more details

Register Now & Save!!!

Download full brochure

We're happy to answer any questions you may have. Just contact us at the email or phone listed here. Thank you for your interest in NAAP's events. We hope you will forward our notice to all friends and colleagues who might enjoy this conference.

We look forward to seeing you in November!

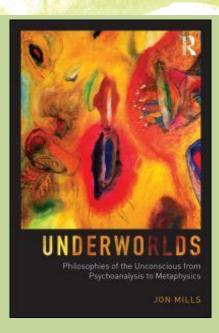
Sincerely,

Lori Feigenbaum, Margery Quackenbush

National Association for the Advancement of Psychoanalysis

events@acapnj.org

973-629-1002 or 212-741-0515



**New from Jon Mills** 

Published by Routledge

## **UNDERWORLDS**

# Philosophies of the Unconscious from Psychoanalysis to Metaphysics

"... A complex and compelling journey into the intersection of philosophy and psychoanalysis. The author provides a masterful understanding of the unconscious roots of ancient cultural beliefs, the intricacy of Hegel's philosophical insights, and of Freud's unique fusion of ancient and modern ways of conceptualizing the human mind. Challenging and fascinating views on the death drive and the nature of human conflict are introduced ... bringing the reader to a new awareness of how much the foundational concepts of psychoanalysis have emerged from and continue to be influenced by the core elements of philosophy and metaphysics." - Robert Waska, LPCC, MFT, PhD

Click here for more information about Underworlds.

## Remembering Poet Galway Kinnell 1927 - 10/28/2014

Saint Francis and the Sow By Galway Kinnell

The bud stands for all things, even for those things that don't flower, for everything flowers, from within, of self-blessing; though sometimes it is necessary to reteach a thing its loveliness, to put a hand on its brow of the flower and retell it in words and in touch it is lovely until it flowers again from within, of self-blessing; as Saint Francis put his hand on the creased forehead of the sow, and told her in words and in touch blessings of earth on the sow, and the sow began remembering all down her thick length, from the earthen snout all the way through the fodder and slops to the spiritual curl of the from the hard spininess spiked out from the spine

from the hard spininess spiked out from the spine down through the great broken heart to the sheer blue milken dreaminess spurting and shuddering

from the fourteen teats into the fourteen mouths sucking and blowing beneath them:

the long, perfect loveliness of sow.

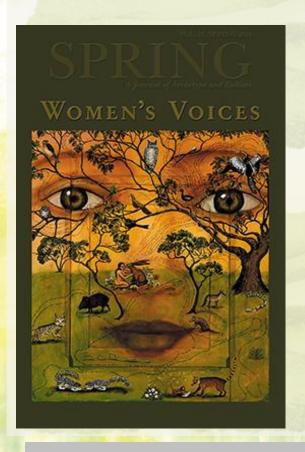


"Every form of addiction is bad, no matter whether the narcotic be alcohol, morphine or idealism."

CG Jung

CONGRATULATIONS to our IRSJA colleagues Robin von Lobel Sels, Marilyn Matthews, and Kaitryn Wertz for their recent published contributions to Spring Journal: WOMEN'S VOICES.

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Women's Voices

Spring: A Journal of Archetype and Culture, Vol. 91, Fall 2014

Nancy Cater & Patricia Reis, Co-Editors

ISBN: 978-1-935528-66-1, 298 pp., Price: \$25.95

Buy this issue now »

This volume was inspired by When Women Were Birds: Fifty-four Variations on Voice by American writer, naturalist, and environmental activist Terry Tempest Williams. We are honored that Terry Tempest Williams agreed to be interviewed in this issue. The interview with guest co-editor Patricia Reis opens this issue and sets the tone for the articles that follow.

In When Women Were Birds, Terry Tempest Williams asks, "What needs to be counted on to have a voice? Courage. Anger. Love. Something to say; someone to listen." The sixteen contributors to this volume recognize and demonstrate, directly or indirectly, the truth of Terry Tempest Williams' observation. Articles address the psychological issues that arise when women attempt to express themselves, the obstacles faced, the obstacles overcome (or not), the creativity that may released. Included are both clinical articles, as well as personal and more academic papers.

The contributors come from different places and different backgrounds. They include writers, poets, teachers, analysts, educators, and theorists. Their writing styles vary accordingly, yet their works share similar themes, from the deeply personal to the cultural and historical, from the literary to the mythological and spiritual. Terry Tempest Williams' statement about voice implies a necessary bond between speaker and listener, or as in this case, author and reader, and it is our hope that this Women's Voices issue of *Spring* will encourage such a mutually inspired relationship.





PAJA is happy to announce the launching of our new website <a href="http://www.cgjungphiladelphia.org/">http://www.cgjungphiladelphia.org/</a> and Blog <a href="http://pajablog.apps-1and1.com/">http://pajablog.apps-1and1.com/</a> Please stop by and let us know what you think!

"I once had a rose named after me and I was very flattered. But I was not pleased to read the description in the catalogue: no good in a bed, but fine up against a wall."

Eleanor Roosevelt



The Jungian Psychoanalytic Association and
The Helix Center present

Synchronicity and other Mind-Matter Conjectures
Part Two: Practical Questions and Implications
Harald Atmanspacher, Joseph Cambray, Edgar
Choueiri, Farzad Mahootian
Moderator: Beverley Zabriskie

Wednesday, November 5, 8 PM
Alumni Hall, NYU Langone Medical Center
550 First Avenue betw. 30<sup>th</sup> & 32<sup>nd</sup> St.
NYC

How are mind and matter related? In the mid-20th century, the psychiatrist and analyst Carl Gustav Jung and the Nobel Laureate physicist Wolfgang Pauli formulated the concept of synchronicity. They sought a philosophical answer to this still unsolved question of how the mental and material, the physical and psychological are related in time. Pauli and Jung's thesis suggests two types of mind-matter correlations for synchronistic experiences in which meaning is crucial and pivotal.

In this second roundtable on The Pauli-Jung
Conjecture, the physicist Harald Atmanspacher and the
Jungian Analyst Joseph Cambray will further the <u>April 2014</u>
<u>discussion</u> at the Helix Center. Edgar Choueiri and Farzad
Mahootian will argue its central thesis, that the mental and
the material are two complementary and intersecting aspects
of one underlying reality.

Atmanspacher will outline the speculations emerging from the conjecture's "dual-aspect monism". Using mental health care data, he will describe relevant psychophysical experiences from clinical settings. Cambray will discuss the significance of Atmanspacher's research for a re-visioning of contemporary analysis and psychotherapy.

Mahootian engages complementarity as an organizing principle in physical and social contexts, specifically in research laboratory settings. Choueiri, whose work focuses on space plasma physics and space exploration, will bring to bear questions which arise from applied science: the potential epiphanic role the theory of synchronicity can play, and the possible degeneration into the apophenia dreaded in experimental physics.

This program is free and open to the public. <u>Preregistration required</u>. For more information, consult the JPA website, <u>www.nyjung.org</u>, or contact Allison Tuzo at <u>JPA@nyjung.org</u>





The C. G. Jung Institute of San Francisco Presents: Group Process Training for Analysts Consultants: Sam Kimbles, Ph.D. and Suzy Spradlin, Ph.D.

This three-day training provides participants an experiential and theoretical understanding of the interplay of the personal unconscious and the group unconscious within psychoanalytic training institutes. The implications for training, individual analysis, work life in organizations, and the larger culture will be taught through a combination of theoretical readings, and working experientially with the immediate emerging themes, fantasies, feelings, and associations within the group. Participants will have the opportunity to practice the role of group consultant with a partner and receive feedback.

**22 Continuing Education Credits** for MD, PhD, MFT, LCSW, & RN

**\$300. Deposit** to register. **Remaining \$300.** at time of meeting

Schedule and theoretical papers will be provided upon registration. For more information contact Suzy Spradlin, Ph.D. at <a href="mailto:suzy@sjspradlin.com">suzy@sjspradlin.com</a>. Register at:

http://groupprocesstraining.eventbrite.com/

Please note: This training opportunity requires you to be available for the full three days. Open to Certified Analysts Only, and the training group is limited to 8 participants.

**Schedule:** Friday, February 13, 9:30 AM-6 PM Saturday & Sunday, February 14, 15 8:30 AM - 6:30PM

## **OBJECT RELATIONS INSTITUTE**

FOR PSYCHOTHERAPY & PSYCHOANALYSIS A New York State Chartered Educational Institute

# **Second Thoughts Reading Wilfred Bion**

Certificate Course at ORI with Stefanie Teitelbaum, LCSW, NCPsyA

October 11 &18; November 1 &15; December 6, 2014 9:45 AM-12:20 PM

99 University Place, 4th Floor, New York, NY 10003 or *virtually* (minimal technical requirements for in real-time participation and/or via use of video-taped sessions)

This course provides a space for second thoughts about ORI's introductory course on "Reading Wilfred Bion" (no pre-requisites required).

Second Thoughts is a collection of papers on Schizophrenia, Linking and Thinking, and ... represents the evolutionary change of position marked in his three previous books and brought to further refinement in the present work. (Karnac Books website)

In the 5 double-class sessions, students will read the 10 papers and commentary in "Second Thoughts." We will review *The Grid* and *Notes on Memory and Desire* read in the first trimester, and will continue to amplify Bion's dialectic with and departure from Freud and Klein on the challenge of psychoanalytic work with the psychotic personality. The material will be experienced in seminar-style associations to the readings, clinical practice, and our own dreamwork-alpha.

For more information and the syllabus, <u>click</u> <u>here</u> or contact the administrator at 646-522-1056 or <u>admin@orinyc.org</u>



Beyond Interpretation: An Alternative Approach to Working with Dreams & Memories

presented by Sheila Ronsen, LCSW

Sunday, November 2, 2014 11:00 AM - 1:30 PM NIP; 250 West 57<sup>th</sup> Street, Suite 501; NYC

Psychoanalytic approaches to working with dreams use interpretation as a means of gaining insight and facilitating change. However, these "insights" can remain largely cognitive in nature so that the patient will dismiss the dream entirely or devalue it as "only a dream." The Jungian analyst Robert Bosnak has developed an alternative approach to working with dreams called Embodied Imagination (EI) in which the dream is "worked" in waking consciousness while retaining its nighttime aliveness and immediacy. The patient's current psychic situation and unconscious processes are revealed by focusing on the dream images and associated bodily responses. This dual focus on the intelligence inherent in the dream images and the accompanying embodied states gives rise to an expanded sense of affect. When image and sensate awareness are held in consciousness simultaneously, insight arises and becomes the catalyst for change. If patients don't remember their dreams, their memories can be worked similarly. This workshop will have both didactic and experiential components. The didactic component will include the teaching of specific EI techniques that deepen participants' ways of working with dreams. Clinical examples will be offered. The experiential component will involve participants working silently with one of their own dreams in the group.

Learn more and register online now.

## IRSJA Upcoming IRSJA Conferences

#### Spring 2015

April 15-19, 2015 (Wednesday-Sunday)
Albuquerque Marriot, Albuquerque, New Mexico
www.marriott.com/hotels/travel/abqnm-albuquerquemarriott/

Room Rate \$ 139 per night

#### Fall 2015 - IRSJA Invitational Meeting

October 21-25, 2015 (Wednesday-Sunday) Chicago, Illinois, Embassy Suites Chicago-Lombard Oak Brook http://embassysuites3.hilton.com/en/hotels/illinois/embassysuites-chicago-lombard-oak-brook-CHILMES/index.html

#### **Spring 2016**

Boulder CO

http://www.millenniumhotels.com/usa/millenniumboulder/Room Rate \$ 139 per night

#### **Fall 2016**

Location TBD

#### Spring 2017

Boulder CO

http://www.millenniumhotels.com/usa/millenniumboulder/ Room Rate \$ 144 per night

#### Fall 2017 - IRSJA Invitational Meeting

Location TBD

#### Spring 2018

Boulder CO

http://www.millenniumhotels.com/usa/millenniumboulder/Room Rate \$ 149 per night

#### Fall 2018

Location TBD

(B.Price: Price3bert@yahoo.com)

## **Articles to Explore**

Depression in Older Adults Today and Dante's DIVINE COMEDY

http://www.opednews.com/articles/Depression-in-Older-Adults-by-Thomas-Farrell-Buddhist\_Divine-Feminine Divine-Mother Frustration-140914-513.html

Just what exactly is Freudian? Words and phrases popularised by Sigmund Freud are ingrained in everyday language - how did Freudian jargon become so widespread? http://www.bbc.co.uk/news/magazine-29251040

The Way for Men Today to Experience Profound Psycho-Spiritual Rebirth <a href="http://www.opednews.com/articles/The-Way-for-Men-Today-to-E-by-Thomas-Farrell-Jesuits\_Loyola\_Men\_Mental-Health-140919-469.html">http://www.opednews.com/articles/The-Way-for-Men-Today-to-E-by-Thomas-Farrell-Jesuits\_Loyola\_Men\_Mental-Health-140919-469.html</a>

When Pixies Come out to Play: Cherished Sandplay Therapist, Lois Carey, Releases New Book of Compelling 'Primer' Lectures on Sandplay & Art Therapy <a href="http://www.digitaljournal.com/pr/2223837">http://www.digitaljournal.com/pr/2223837</a>

"The evil that is in the world almost always comes of ignorance, and good intentions may do as much harm as malevolence if they lack understanding."

Albert Camus

## Letters to the non-Editor



#### Dear Colleagues,

I am attending the Jung-Neumann conference in Israel. I will be in Israel most likely until May 4th. Would anyone like to tour Israel with me after the conference?

Warmly,
Arlene Landau
arlenelan@earthlink.net

## IRSJA Bulletin Board Submission Deadlines

Content due 11/24/14 ~Distributed 12/1/14 Email to Joseph at <a href="mailto:JRJLEE@earthlink.net">JRJLEE@earthlink.net</a>

#### **Guidelines & Suggestions**

- Send only 300 words or less.
- I'd encourage you to include a web link if appropriate.
- Attachments will not be forwarded all content will be in the final document.
- Send moderate sized image files. If they are too large the server will bounce them back.
- Please understand that I will need to change the formatting of your submission to fit into the document but I will not change your content in any way.
- Your name and email will be tagged to your posts since content will not be vetted.

## Messages from the Heart



#### Nine Bows, Buddhist Contemplation

"Homage to all that is healing
in a person's life,
in traditions,
and in the world.
Homage to all that is healing
in the lives of saints and sages,
in this practice,
and in my own mind,
and

homage to all that is healing
in the stream of ancestral teachers,
in the immediate community of support,
and in our positive motivations.
Many many bright blessings on you and yours.
May all beings benefit."

#### **Update from David Schoen:**

"...just letting you know I will not be at the Fall meeting in Birmingham. I am making significant progress in my recovery ,but still have trouble seeing clearly through my right eye - it is being worked on. For a number of reasons I think it best that I stay home and work. I do plan to be at the Spring Meeting with my dancing shoes on! Send my thanks and love to all my friends and colleagues in IRSJA! Blessings

Peace and Love David"

Peace and Love David" davidschoen60@yahoo.com

<u>During our closing circle several names were put</u> forward to hold in our healing meditations.

Charles Zeltzer
David Schoen
Jerome Bernstein
Joann Culbert-Koehn
Karen Kemper Magee
Michelle Halsall