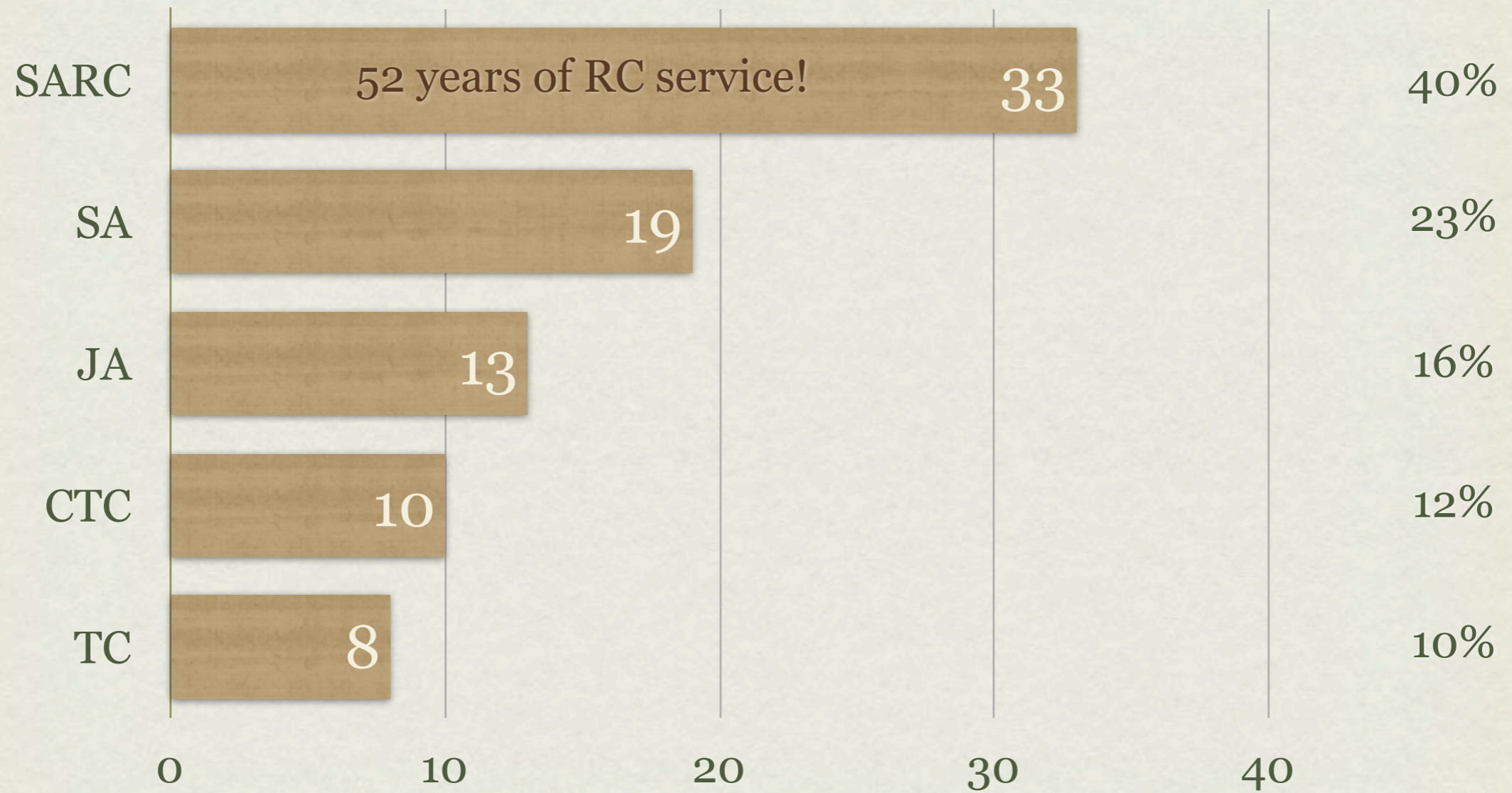


REVIEWING THE  
REVIEW COMMITTEE

# Q1: Relationship to I-RSJA?

N = 83



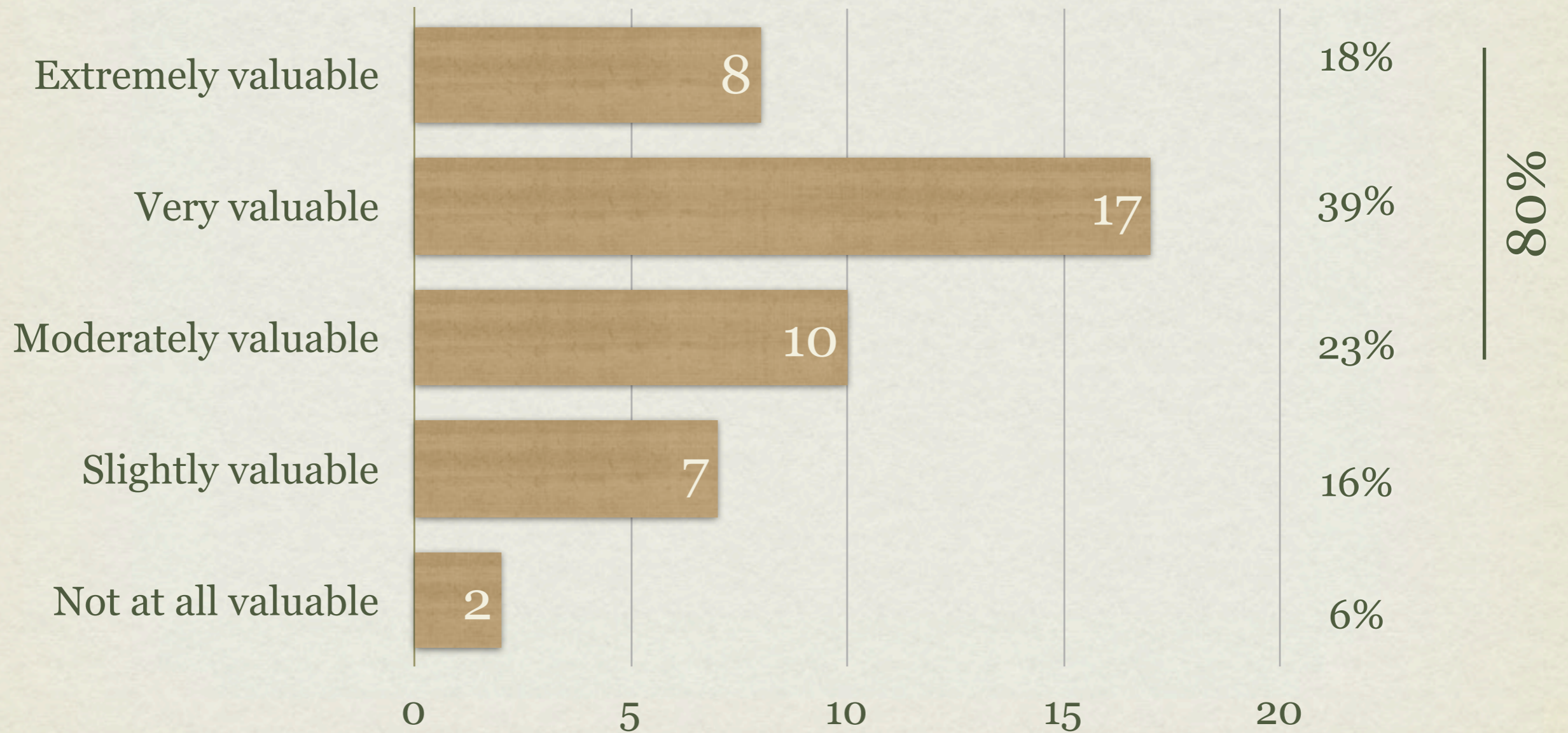
“The sheer requirement of needing to be in authentic dialogue, present with four analysts, prepares one for that *same* psychological stance in the propaedeuticum and the exam process. It is not only the task of oversight provided by the RCs but the psychological format of dialogue which they offer that fostered the analyst in me, (and I believe at its best, fosters other candidates) for life in an analytic community.”

—SA

**Q3: If you trained with IRSJA,  
HOW VALUABLE is/was your Review Committee to your TRAINING PROCESS?**

If you did not train with IRSJA, select no response.

N/A responses excluded: N = 44



- JA: The RC was invaluable to me through training.
- SA: the value came from their validation that my process was right on track. I never felt blocked, but [was] initially challenged.
- SARC: The RC on which I served seemed much more helpful to training candidates than the equivalent at the Zürich Institute where I trained.
- JA: I don't think they were "pro" or "con" my requests to take exams but rather neutral, open, fair, serious, unbiased—this is the kind of support I expected and wanted.

The review committee's work is to promote psychological growth in ourselves and for the candidates by establishing a healthy dynamic that nurtures everyone's well being. I believe that a power-over relationship dynamic inhibits growth and development. I would like our work together and with the candidates, the training committee and the training seminars, to be based on mutuality, respect and reciprocity. The candidates are highly intelligent, motivated, adult professionals. Our job is to help them deal with whatever challenges confront them during the training process. We can guide them to become more conscious of the tasks presented to them, to ask what these tasks demand of them, what constellations of complexes come into play, how those complexes might be inhibiting or helping them, what the developmental task facing them is, and how all this relates to their individuation process.

Our role may require us to confront a candidate with difficult material. Such confrontations should not be avoided but instead must be handled in a respectful and humble manner cognizant that we too are in a process of personal growth.

- JA: 90 minutes over the course of one year is not adequate for a committee of 3 or 4 to evaluate your status for moving forward in the training process. Nor is it acceptable for these individuals to be the standard-bearer for your psychological readiness. Review committees should be eliminated.
- SARC: Use a mentorship model!
- SA: Help the candidate steer his/her own ship, but reflect back what you're seeing. Once you've admitted them, support them!



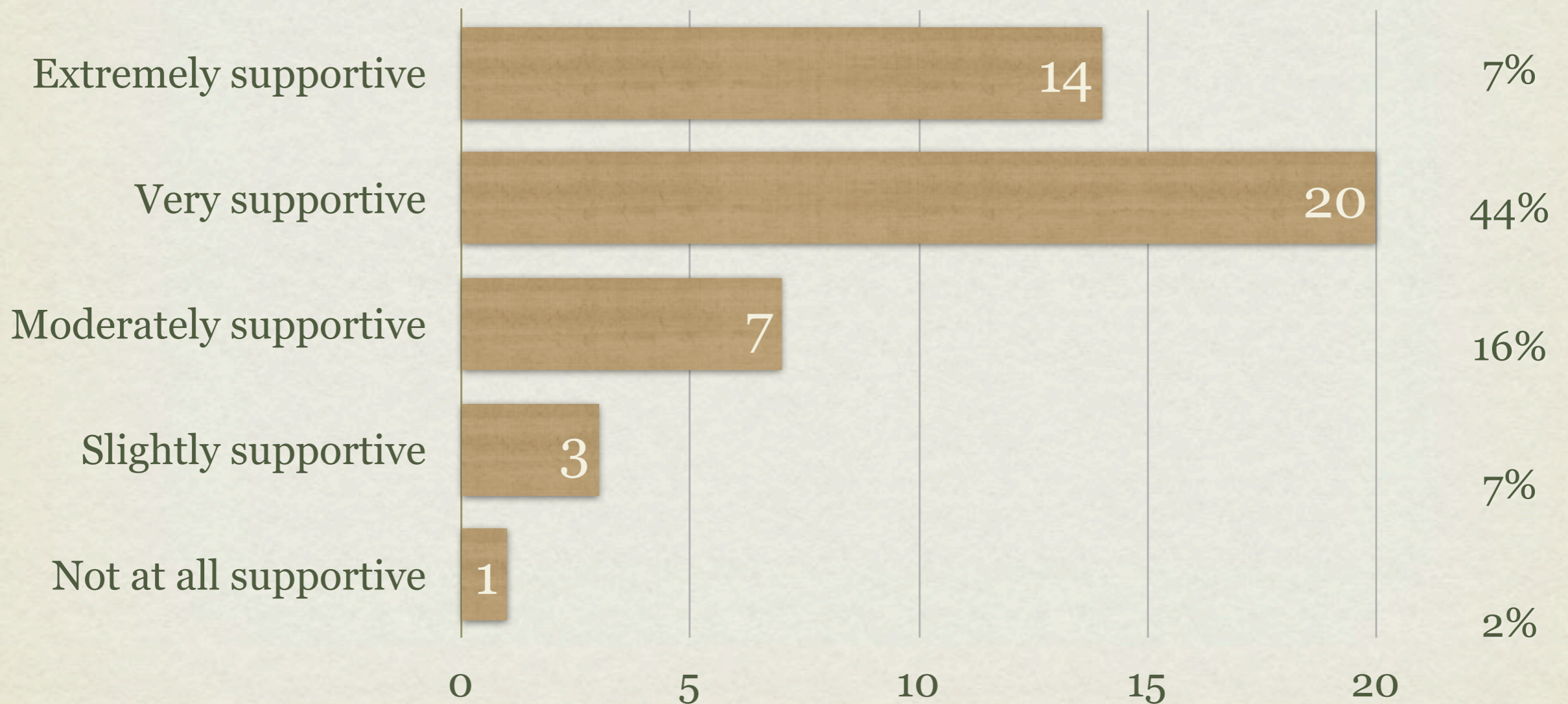
- CTC: My review committee was “not at all valuable,” though maybe they were helpful in a way that Castor oil was said to be helpful.

- SARC: Oversight that they are all operating with the same procedures and goals. My experience (from both being on one, and observing over the years how others operate) is that there is tremendous variation in what they think they're supposed to be doing, and how they handle their roles.
- JA: They did not know me but began to act like they did. As a result, they became part of an unconscious enactment; as a candidate I was not going to point that out to them I was concerned that they had the power to hold me back so I consciously chose to hold my tongue and not speak my own mind.

- JA: In my opinion, the review committee should NOT be getting in the way of candidates taking exams. They are not the initiators of the process. If they don't think the person is ready, they can say this, but allow the individual to make their own decisions.
- CTC: My Review Committee was a revolving door. I spent A LOT of energy getting to know them and vice versa. I really did not feel like there was ever a stable relationship, much less a basis for making key evaluations. I don't think this process works well.

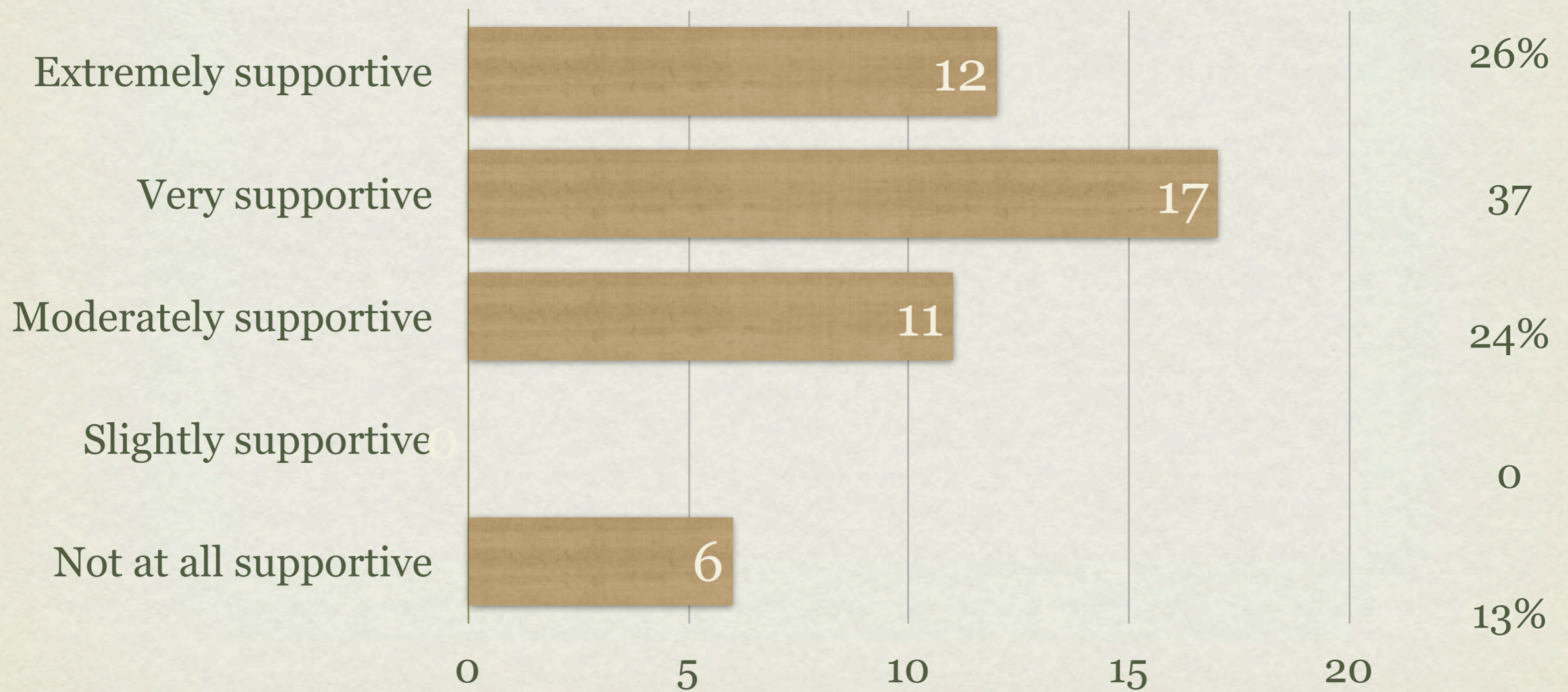
**Q4: If you trained with IRSJA,  
Rate the SUPPORTIVENESS of your Review Committee toward TAKING EXAMS?  
If you did not train with IRSJA, select no response.**

N/A responses excluded: N = 45



**Q5: If you trained with IRSJA,  
Rate the SUPPORTIVENESS of your Review Committee toward PERSONAL ISSUES?  
If you did not train with IRSJA, select no response.**

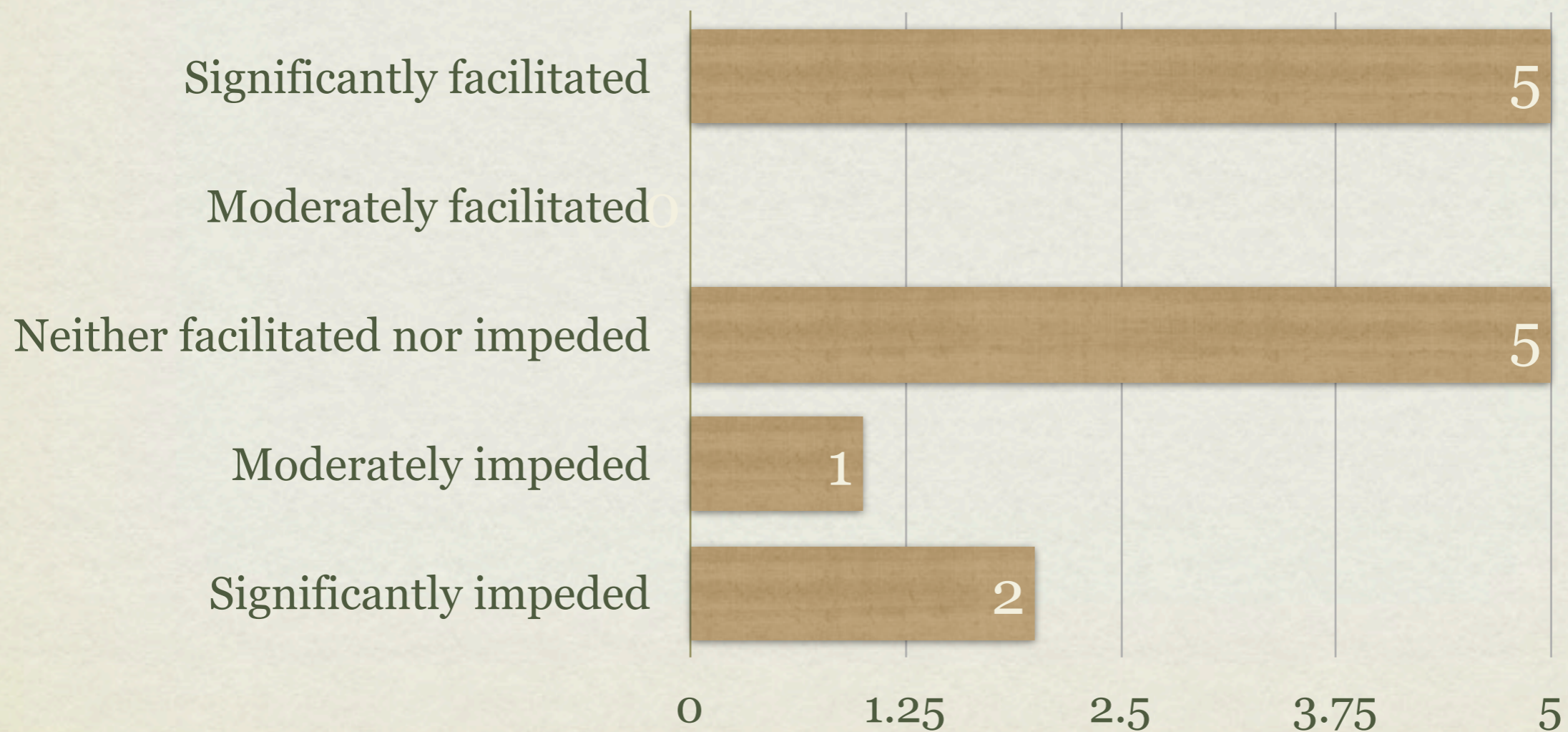
N/A responses excluded: N = 46



**Q6: If you trained with IRSJA,  
and had an experience in which the RC AND LC DISAGREED  
ABOUT AN ISSUE in your training - rate the degree to which the RC  
facilitated or impeded resolution of the disagreement?**

If you did not train with IRSJA, select no response.

N/A responses excluded: N = 12 !!



**Q7: If you trained with IRSJA,  
Rate the degree to which your RC facilitate or impeded  
you PROGRESS THROUGH TRAINING.**

**If you did not train with IRSJA, select no response.**

N/A responses excluded: N = 48

